

Grade 8

Complementary Course Handbook

2017- 2018

Get the Gish Energy!



ELMER S. GISH SCHOOL

Welcome to Grade 8

At E. S. Gish you have a choice among several different and unique options. Complementary courses are offered in a variety of categories – career and technology, fine and performing arts and information technology applications. The information in this brochure is intended as an overview of the course offerings. Questions for clarification are welcome. Please note:

- All courses are offered as sufficient numbers warrant.
- Some complementary courses have fees or special equipment/materials requirements.
- All students are automatically registered in core subjects - Language Arts, Mathematics, Science and Social Studies - as well as Physical Education, Health and French.
- Enjoy and challenge yourself in your Junior High Experience.

If you have any questions, please call Mr. Steele, Ms. Wosnack or Ms. Saipe at the school (780-459-7766).



COURSE PREFERENCE

**1 = MOST PREFERRED
23 = LEAST PREFERRED**

- | | | |
|-------------------------|----------------------------|-----------------------------------|
| _____ Christian Studies | _____ Men of Honour | |
| _____ Academic Coaching | _____ Fit Plus Baseball | _____ Musical Theatre |
| _____ Advanced Science | _____ Fit Plus - Dance | _____ Leadership |
| _____ Art | _____ Girls Empowered | _____ Concert Band |
| _____ Computers | _____ Outdoor Pursuits | _____ Fashion studies |
| _____ Drama | _____ Hockey (Warrior Fit) | _____ Pop & Rock |
| _____ Fit For Life | _____ Food Studies | _____ Yoga |
| _____ Industrial Arts | _____ Robotics | _____ Advanced Fashion
Studies |

Student Name: _____	Student Signature: _____
Parent Name: _____	Parent Signature: _____

Musical Theatre



Musical theatre class will combine drama, dance, and voice to recreate, reinvent, or reproduce hit show tunes from Broadway and beyond. Students taking this option will learn, prepare, and perform scenes from musicals, stand and deliver repertoire such as *Taylor the Latte Boy*, and shows such as Peter Pan, Beauty & the Beast, Frozen, Into the Woods, Glee and much more. Being a triple threat (singing, dancing & acting) is not necessary but having the guts to try anything or something new is an asset.

Course Fee: \$25.00

Christian Studies

Christian Studies is an elective course for grade 7, 8, and 9 students who want to grow in their knowledge of the Bible and deepen their relationship with Jesus Christ. Through an inquiry and discussion based approach, the students interpret Biblical passages and find ways to apply these passages to their lives.



This course will focus on studying the Bible from a Christian perspective where the Bible is viewed as truth and God's message to mankind. Major topics that will be explored are: the person and work of Jesus Christ, Biblical interpretation strategies, application of Biblical principles to daily life, apologetics and Bible history. Specific books of the Bible that will be studied will vary from year to year, students will have some input into what specific books are chosen. This Course will also compare major texts from other world religions to the Bible.

Men of Honour

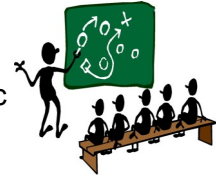


In an age where many young men seem to go adrift, there is a need for them to see value in themselves and become responsible citizens. Many young men spend countless hours in front of a screen playing video games or watching TV. Many young men lack the motivation to do their best in school and do not see that the actions and habits they form today will affect their future.

In this course, students will use discussion, interaction team building activities, journaling and individual projects to explore concepts. Core concepts in this course include: anger management, dangers of drugs, objectification of women, building healthy friendships and goal setting. Students will also explore their individual strengths and will grow in their ability to take responsibility for their actions. Students will build self-esteem and self-confidence as they share their goals and strengths in a safe and confident environment.

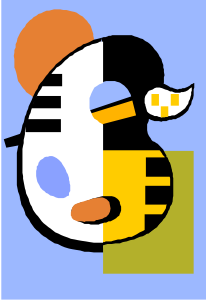
Academic Coaching

Students wishing to improve achievement in core subjects may select Academic Coaching as an option. Classes will be set up during terms one to three as requested.



Art

Art education is concerned with having individuals think and behave as artists, expressing their feelings in visual forms. The goals of the middle years art program are: drawing, composition, and explorations of various forms that cross time and cultures.



The art program here at GISH is one that is both challenging and rewarding. Our program begins by focusing on the fundamentals of artistic language and technique. In successive years students will discover their artistic talents by engaging in a holistic approach that fosters critical thinking and reflection. Each year students will study art history and a combination of mediums including drawing, painting, printmaking, sculpture and multi-media art.

Course Fee: \$25.00 (per term)

Concert Band [Terms 2 and 3, optional term 1]

Concert Band takes place in terms 2 and 3, collectively. This course is an intermediate level course and students wishing to enroll must have successfully completed Introduction to Concert Band. The course focuses on individual musical development through group rehearsals and performances. Mentorship will be provided with regards to individual practice techniques, small group practice techniques, performance preparation, instrument maintenance, and music theory.

*Grade 8 and 9 students who wish to join Concert Band for the first time must register into Introduction to Concert Band, in term 1 (if enrolment numbers permit).

*Grade 8 and 9 students who have already successfully completed Introduction to Concert Band may enroll into Concert Band term 1 if enrollment numbers permit. These students are encouraged to start learning a new instrument.



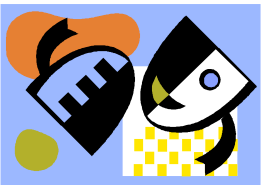
Course Fee: \$50.00 for the year

Drama

Have you ever considered a career in the theatre? This may be the beginning! This course is designed for everyone from the class clown to the timid wallflower. Through pantomime, movement and improvisation, students will develop confidence in performing in front of a group. Students may also work on group projects in a fun and non-threatening atmosphere.

The overall goals of the Drama program are to foster positive self-concept, group interactions, competency in communication skills, and an appreciation for drama as an art form.

Course Fee: Small fee may be applied for various guest speakers & workshops.



Fit for Life



Students will explore a variety of activities to promote and encourage an active way of life with emphasis on enhancing skills for team sports.

Some skills addressed in this course will be specific to a particular sport. Other skills such as agility, general fitness, strength and co-operation are more general and transferable to a variety of athletic situations. Flag Football, Fitness, Ice Hockey, Indoor Soccer, Swimming and Track and Field are just some of the activities that will be explored outside the school. Servus Leisure Center will accommodate the majority of this program. If you are high energy and live the ever active lifestyle, this course is for you!

Course Fee \$50.00 (per term)

Warrior Fit For Hockey

In this course students will receive specialized skills, fitness training for hockey and promotion of mental preparation in competitive sports. Students will encounter physical workouts on and off the ice and will receive comprehensive instruction within an environment suitable for their overall development as a player. All students will have at least two ice times per week where individual skills are analyzed and developed.

The students registered in the course are required to pay a fee to offset the cost of buses. This is not a school hockey team; therefore the material learned in this course will help them become better players on their minor hockey teams.



Course Outlook

- Skating • Agility/mobility • Passing
- Checking techniques • Quick feet
- Deceptive stick handling • Shooting
- Defensive/offensive tactics • Power Skating
- Passing/shooting & Puck handling

Course Fee: \$50.00 (per term)

Yoga



This yoga class is tremendously beneficial to the healthy development of teens. Through yoga poses, students will build strength, balance and flexibility. Students will gain a sense of well-being through breathing and relaxation techniques that will aid in ways to reduce stress, increase body awareness, self-respect, and self confidence.

Course Fee: \$20.00 (per term)

Fit Plus - Dance Option



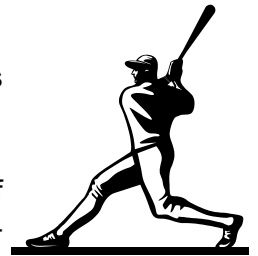
In this course, students will receive instruction in a wide variety of dance styles. We will examine jazz, ballet, hip-hop, musical and lyrical. We will have guest choreographers and professional dancers help us explore the dance genres. If you like to have fun and want to learn a wide variety of dance styles, this class is for you!

Course Fee: \$50.00 (per term)

Warrior Fit For Life Baseball/ Fastball

In this course students will learn proper fundamentals of baseball. Student athletes will receive proper instruction to develop more as a baseball player and as an athlete.

The students registered in the course are required to pay a fee to offset the cost of buses. This course will help student athletes with their minor baseball teams or recreational fun.



Course Fee: \$50.00 (per term)

Leadership & Service



This course will foster leadership skills in students through participation in planning, organizing and implementing events and activities. Students will increase skills, both organizational and interpersonal, to become independent and positive leaders. Project management, interpersonal relationships, goal setting, decision making and communicating, are some of the competencies that will be fostered. Students may travel outside of the school to engage in community service (eg; Hope Mission).

Course Fee: \$25.00 (per term)

Robotics

Students will use LEGO Mindstorm equipment to design, develop, implement and debug. robotics programs that employ standard structured programming constructs and simple data structures.

In the process, they develop a general understanding of robots and the robotics environment. Students will start by using a simple vehicle and program their robot to perform a variety of tasks that get progressively more difficult. Once simple programming language is established, students can then design more complex creations that preform a variety of tasks



Course Fee \$10.00 (per term)

Outdoor Pursuits

Outdoor Education is learning about the outside, natural environment. A variety of topics will be explored. Content for this course will be delivered in a classroom setting followed by a multi-day practical application of content covered in class. Additional cost for end of term camp may be applied.

Possible topics include but are not limited to:

Survival Skills

Camping skills

Plant and Animal Studies

Rock Climbing

Fire Building

Hiking

Fitness

Meal Plans

Shelter Building

Bear\Cougar Safety

Orienteering



Course Fee: \$50.00 (per term)

Girls Empowered



In this option, we will explore some of the issues women face today. This is a course for individuals who want to "make a difference" and not just follow the crowd. Some of the issues discussed are: body image and self-esteem, personal safety, medical issues, media influences and stereotypes, and women throughout history. Come with a positive attitude and enjoy the opportunity to participate in exciting activities that will motivate and inspire you!

Course Fee: \$25.00 (per term)

Food Studies

Students will participate in a broad range of labs and explorations to develop greater understanding of a variety of cuisines and the nutritional implications of meal plans and eating patterns. Students will also develop an understanding of basic baking by combining ingredients in a variety of ways.



Through active participation in cooking labs, students will be expected to demonstrate the knowledge and concepts taught through instruction, demonstration and written work. Students will learn to bake a variety of delicious cookies, quick breads and cakes as well as appetizers and simple meal planning.

Course Fee: \$12.00 (per term)

Industrial Arts - I. A.

I.A. 8 builds upon the skills learned in grade seven. If the student chooses to enroll in I.A. 8, they will do a quick safety review and then choose to work in one of the following modules:

Woods

Plastics

Metals

Photography

C02 Model Race Car / Rocketry



Students are not permitted to repeat any modules from one term to the next.

Course Fee: \$12.00 (per term)

Gish Pop & Rock 8-9 [Terms 2 and 3]

The GISH Pop and Rock course allows students to explore the world of playing in a real rock band. Students will work as a team to form their own music groups and spend class time preparing for a variety of performances. Students will experience the full range of real world demands on musicians such as: rehearsing, marketing, songwriting, performing, and recording. Students will be able to learn instruments other than their primary instrument such as: vocals, drums, keyboard, guitar, and bass guitar. GISH Pop and Rock provides a remarkably dynamic music experience to all music enthusiasts. Students enrolled in Pop and Rock will be taking it in Terms 2 and 3 collectively.



Prerequisites:

GISH Guitar 7

OR

At least ONE year of out-of-school music or singing lessons

**The course prerequisites may be waived if a student is able to demonstrate the adequate musical skill (vocally or instrumentally) to have a positive experience in this course. This is at the discretion of the course instructor.

Enrollment Requirements:

Course Fee: \$20.00 (per term)

Guitarists: must provide an acoustic or electric guitar for this course. A small amplifier, a patch cable, and headphones MUST accompany electric guitars. All guitarists should provide their own guitar picks as well.

Drummers: must provide their own set of drumsticks for this course.

Fashion Studies 7/8

Have you ever needed to repair a garment? Maybe you would like to make a Christmas or birthday present for someone? Students in this introductory Fashion Studies course will learn the basic, foundation techniques in sewing, knitting, and cross-stitching! Students will create simple, creative projects while learning techniques they can use in their everyday lives.



Course Fee: \$25.00 (per term)

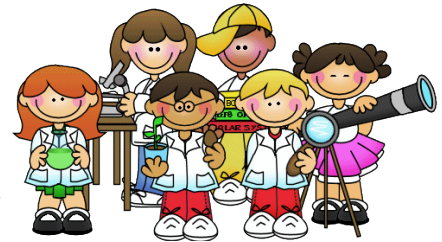
Advanced Fashion Studies 8/9

This course is for students who have completed Fashion Studies 7/8, who would like to continue building their hand sewing techniques and skills. Students will build on the cross-stitch, sewing, and knitting skills learned in Fashion 7/8 by creating more advanced, creative projects.

Course Fee: \$25.00 (Per Term)

Advanced Science

Advanced Science is an extension of the science curriculum that will allow broader and deeper exploration of various science strands through research, hands on projects and labs, and visits to off-site learning or competition events. Topic progressions may include, but are not limited to: famous scientists and strands of science, dinosaurs, planets and space station creation, Da Vinci miniature construction, forensic science (crime scene evaluation and construction), Rube Goldberg construction, human impact on ecosystems, biology (frog dissection), Wives' Tales (myth buster activities), Science Olympics (varied events), robotic programming, dichotomous key creation and species identification, eco- friendly house construction, paper airplane contest, and a science fair.



Course Fee: \$20.00 (per term)

Computers

The use of computer technology is integrated and essential in today's world. Elmer S Gish is also a place where knowledge of technology plays a role in all programs and familiarity with various software programs, sets students up for success. With the use of computers, students have the opportunity to be creative and express themselves in digital fashion! Are you interested in a career in architecture, web design, computer programming, or photography? Then this is the course for you! There is something for everyone in this class, if you are not familiar with computers and want to learn more, or want to do more advanced projects, give this option a try. This course will cover web design, animation and basic programming, photoshop, 3D design and painting.

